



An Affiliate of the P. A. W.

TEMPLE TALK®

SPIRITUAL THEME FOR MAY

Praise the Lord to the Miracle Temple Family and the people of God everywhere. I greet you in the Matchless Name of Jesus! Our Spiritual Theme for May 2020 is “Handling Your Humanity”. We are both physical and spiritual beings. As such we are prone to the proclivities of our flesh while striving to have life in the spirit, so that we may become who we were created to be. The problem is Sin. John 16:33b Jesus says, “In the world you will have tribulation. But take heart; I have overcome the world.” (ESV) He was showing his disciples that the world of sin brings suffering and tribulation but as He was able to overcome these challenges we can too by the grace of God.

These are some of the topics that we will cover this month: Twenty reasons not to sin, The end of sin, and God’s cure for dirty feet.

FROM THE PASTOR’S PEN:

Praise the Lord to the Miracle Temple Family and the people of God everywhere. I greet you in the Matchless Name of Jesus! Well it looks like we are in for another month of quarantine and shelter at home. With that being said, there is no reason for us to become irritated and frustrated. I know that some of you are working from home, home schooling the little ones, keeping house, and supporting ministry, your own mental wellbeing, and trying to exercise all in a day’s work! Whew! While others are furloughed or laid off, unemployed or working because your job is considered essential to the community in which we live. You are risking your own safety and health to ensure that others are okay. I GET IT! We are in an incredibly stressful time in our history. If we are not careful, we will find ourselves snapping at loved ones, grouchy to the children, and downright mean to everyone.

Let me offer some solutions to the boredom and or frustration that we most assuredly will experience. The answer is prayer and meditation. Find a quiet place in your home. This may require some creativity on your part. Sit in the car, go out in the backyard, or sit in the closet with a note on the door that reads, “Prayer in session”. You may have to wear headphones or put cotton in your ears to cancel out the noise. Now that the atmosphere is set, begin to just whisper Jesus! You don’t have to speak in sentences or open your mouth wide. Simply whisper Jesus and repeat until you begin to feel a sense of peace and calm come over you. Soon your heart rate will level off, your shoulders will relax, the tension will leave your body, and you will feel so much better. There is something to whispering the name Jesus that other remedies just cannot compare with.

I am by no means a therapist or a yogi, but I have seen my father, the late Thomas Gandy, Jr. sit in a chair in his bedroom and watch him whisper Jesus repeatedly. The calm that would take hold of him was something that I used to marvel at. Some of you may be skeptical but I challenge you to try it. You have nothing to lose but the stress, the frustration and the worry. At the end of the day you will see a notable difference, trust me, I have.

Due to the Covid-19 Shelter in Place & Physical Distancing orders, we will not be congregating in the church building. Instead, we will be holding services online. You can virtually attend Sunday School at 10 am & Sunday Service at Noon, & Bible Study Wednesday at 7pm on Facebook Live; <https://www.facebook.com/MiracleTempleAPC>

MAY 2020

					1	2
3	4	5	6	7	8	9
10 	11	12	13	14	15	16
17	18	19	20	21	22	23
24 / 31	25 	26	27	28	29	30

May Birthdays:

5/3 April Brown, 5/4 Terrence Turner-Blair, 5/5 Vicki Moore, 5/6 Sterling August, Sydney Phillips,
 5/7 Betty Hoskin, 5/9 Brianna Anderson, 5/9 Steven Green, 5/13 Christopher Rowe, 5/15
 Richard Brown, 5/24 Pastor Gandy, Marshia Pushia, 5/58 Alexis harris

April Wedding Anniversaries:

5/2 Nicholas & Karla Weller